



**continental breakfast buffet  
R95/person**

- variety of fruit juices
- freshly squeezed orange juice, served on request
- selection of freshly baked pastries, including croissants and muffins
- homemade bread rolls and health loaf
- homemade marmalade and jam selection
- assorted cereals, including our special homemade muesli and seed selection
- full cream and low fat milk
- low fat plain and fruit yogurts
- seasonal fresh fruit platter and fruit salad
- continental cold meat platter
- selection of fine cheeses of the cape
- cured fish platter with accompaniments
- hot oatmeal, cooked with water or milk, served on request

**full breakfast**

**R125/person, including continental buffet  
Please choose one of the following dishes:**

**traditional english breakfast**

Poached, boiled, scrambled or fried eggs with a choice of bacon, pork/beef sausages, grilled tomato, pan fried mushrooms and toast

**2 egg omelette**

With a choice of fillings: ham, bacon, cheddar, tomato, pan fried mushrooms and toast

**scrambled eggs and smoked salmon**

served on buttered rye toast

**french toast**

white or brown bread with either:

- grilled bacon, cheddar and tomato **or**
- grilled bacon and golden syrup drizzle

**kiddies breakfast**

scrambled eggs on buttered toast with grilled bacon and tomato sauce

**R75/child, including continental buff**

